

Strawberry, Goat Cheese, and Balsamic Bite

Servings: 24 Serving Size: 1 cracker Total Time: 5 minutes

Ingredients:

24 whole wheat crackers 12 large, ripe strawberries, chopped
4 oz. goat cheese 1/4 cup basil, julienned
Balsamic glaze, for garnish

Directions:

1. On a serving tray, add whole wheat crackers.
2. Spread evenly with goat cheese, then top with chopped strawberries and a pinch of basil.
3. Drizzle with balsamic glaze.

Nutrition information per serving: 73.4 calories, 1.3g total fat, .7g saturated fat, 2.1g protein, 14.1 carbohydrate, 41.5mg sodium



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