

Wellness in the Workplace



June 2018

Optum Live and Work Well Series: Living with PTSD and Anxiety

Learn how to identify and support individuals living with PTSD and anxiety. Each presentation will be led by Mary Jo Butler Fingerhut, MSW, LISW-S, your Live and Work Well Specialist. RSVP to Mary.ButlerFingerhut@ge.com

	1 st Shift = 10:30a-11:30a	2 nd Shift = 7:00p-8:00p	3 rd Shift = 11:30p-12:30a
Wed. June 6	302 M Classroom		
Wed. June 13	500 DMO Mezz G25	500 DMO Mezz G25	
Wed. June 20	700 MIC Room	700 MIC Room	700 MIC Room
Wed. June 27	800 Auditorium		



Dermatology appointments available Thursday, June 14th at the GE Family Wellness Center. Call (513)853-8900 to schedule.



Hoxworth Blood Drive— One blood donation can save 3 lives.

Friday, June 15th

800 Auditorium

10:00a.m.—11:45a.m. & 1:00p.m.—4:00p.m.

Register for your appointment: <http://hoxworth.org/groups/ge.html>



2018-2019 School Sport Physicals

Saturday, June 16th

GE Family Wellness Center Evendale

8:00a.m.—12:00p.m.

To schedule, call: 513-853-8900



Travel medicine, Presented by GE Family Wellness Center Physician Dr. James Kaya

Friday, June 28th

North Pointe 2 Development Training Room

3:00p.m.— 4:00p.m.

RSVP here: <http://surveys.ge.com/create/395562>

GE Family Wellness Center

Managed by  TriHealth

GE Fitness Center

Managed by  TriHealth